

MODULE 3:

Cyclists

STUDENT WORKSHEET



Riding bicycles in our parks and natural settings is an enjoyable activity and a great way to stay healthy and active. Imagine you are the organiser of a new cycling committee.

Your first role is to create a website blog entry or newsletter for your organisation. In a recent meeting, your committee voted on including the following topics in your first post:

- A welcome message
- Tips to stay safe when cycling
- A list or quiz for checking if your bike is roadworthy
- Cycling regulations that apply to you
- Great parks for riding bikes

Use the spaces below to start planning your entry.

WELCOME MESSAGE

Think of a name for your committee and the topics you want to include in your entry.

SAFE CYCLING TIPS

Create a top ten list of ways to stay safe while cycling in your area.

BICYCLE RULES & REGULATIONS

Research 2-5 bicycle related regulations to highlight in your entry.

IS YOUR BIKE ROADWORTHY?

Create a quiz or checklist to make sure your bike is roadworthy.

BICYCLE PARKS

Research the cycle pathways or parks available in your area. It may be close by or one you would like to visit. Perhaps you would like to propose a new series of cycleways in your area.