



Module 7

Distraction

Educator Worksheet



Students refine their understanding of driver distractions. They identify different types of driver distractions, including programming satellite navigators and responding to mobile phones.

Students learn why this makes driving higher risk and how they can reduce the number of driver distractions to improve safety and prevent road incidents on Australian roads by broadening their focus.

Module Outcomes

At the end of this module, it is intended that students will be able to:

- identify inattention and distraction are leading contributors to traffic crashes
- identify distraction from a mobile phone as a road issue for all road user groups
- recognise mobile devices engage three types of distraction - physical, visual and cognitive
- demonstrate ways to decrease driver distraction that cause narrow and internal focus and return to a safer, broader and more external focus

Guided Discussion Questions

- What is a distraction?
- What are types of driver distractions?
- How can driver distractions make driving higher risk?
- How can we reduce the risk of driver distraction?

Australian Curriculum Links

Year 9 Content Description

Learning Area: Health and Physical Education

Strand: Personal, Social and Community Health

Sub-strand: Being healthy, safe and active

Learning intention:

Plan, rehearse and evaluate options (including CPR and first aid) for managing situations where their own or others' health, safety and wellbeing may be at short or long term risk (ACPPS091)

Learning Activity

Read the transcript of an interview about driver distractions and examine the processes for ensuring safe practices when driving by reducing driver distractions.

Resources

Download the student worksheet for use with this activity.