



Module 6

Fit for the Road

Student Worksheet



When you and your peers start driving, it will be a big change. It is likely you will need new skills. Apart from driving skills, you may need to develop your communication skills. For example, what happens if somebody is not fit to drive? It might be the first time you need to communicate how you feel about this. Perhaps you will need to refuse a lift. If this happens, what is your contingency plan? A contingency plan is your plan in case something happens.

Student Activity

Read the following situations and suggest a contingency plan. That way you will be more likely to deal safely with an unexpected situation when it arises.

Situation	Contingency plan
A driver is showing signs of fatigue. They have been driving for 2 hours without a break.	
Plans have changed and now you won't be able to borrow your parent's car. One of your parents offers to drive you but you know that they have just taken some strong medicine for a health issue.	
As the designated driver, things didn't go to plan and now you won't be able to drive your friend home.	
A driver seems intoxicated and you feel uncomfortable about accepting a lift home.	
The person who drove you to the party is now upset and angry about something and wants to get the car and leave now.	
You and a friend were planning to leave for a camping trip but your friend had to work extra hours and it's now quite late.	