



Module 6

Fit for the Road

Educator Worksheet



Students explore the idea of being fit for the road. Students learn they need to be in a reliable condition to use the road.

Students identify a range of impairments caused by alcohol and other drugs, as well as fatigue. It is intended students will understand that being fit for the road is everybody's responsibility and in doing so they can help reduce the number of road incidents on our roads.

Module Outcomes

At the end of this module, it is intended that students will be able to:

- understand the concept of being fit for the road
- recognise the impairments caused by alcohol and other drugs on driving ability
- understand fatigue can impair driving ability as much as alcohol and other drugs
- develop strategies to reduce the impact fatigue can have on driving ability

Australian Curriculum Links

Year 9 Content Description

Learning Area: Health and Physical Education

Strand: Personal, Social and Community Health

Sub-strand: Being healthy, safe and active

Learning intention:

Examine the impact of changes and transitions on relationships (ACPPS090)

Learning Activity

Students are presented with a range of situations that they may encounter when they become drivers.

Students practice skills to deal with challenging or unsafe situations, such as refusal skills, communicating choice, expressing opinion and initiating contingency plans for situations around being fit to drive.

Resources

Download the student worksheet for use with this activity.